Cathy's Key Updates (compiler's comments and Scripture selections are in italics) #155 —18 September to 24 September 2024

(All Bible Scripture references are from the KJV unless otherwise indicated)
(Underlines are compiler's emphasis) (KURC = Key Updates Reader
Contribution / DYOR = Do Your Own Research / OAAO = Okay As Audio Only)
(Note full disclaimer located at the end of this compilation.)

*** Special Mention KURC! ***

If you don't read/listen to any other item in this KU issue, please watch this 20.25 min video featuring Richard Garnett (1960-2024). It was sent to me by Christopher Glyn, about which he said, "Wonderful testimony! Very convicting!" The intro says (excerpts:) "Richard had a rare and profound insight into how God desires for us to view our finances, after practicing decades of sacrificial giving. This video was filmed last year and not only captures the testimony of a man joyfully surrendered to God, but also illuminates the importance of thoughtfully stewarding what we've been entrusted with."

"Eternal Treasures":

https://youtu.be/gGZ5bU9tF0E?si=-KT8foqFagdT6jw_

18 September

"You may be the only light in your small part of the present storms, but don't underestimate the importance of small lights staying lit in dark and stormy times. You may be the only light someone sees to avoid the rocks or find the shore or to know another is out there when help is needed." - David Haggith

- > A Trojan horse is a Trojan horse, no matter what its size; convenience and desirability comes with its disguise. What seems to be is not what is; what seems to help can harm; a techy treat can pack deceit that blows off legs and arms! The wanton, wicked appetite of Satan knows no bounds! Keep us from his Trojan pranks 'midst this Endtimes battleground!
- (TTS:) Experts say the blasts were consistent with one of two ounces of explosive. The objective being to provoke retaliation from Iran/Hezbollah and thereby draw the U.S. into a wider Middle East war.

"Explosive pagers used by Hezbollah had been modified by Israel 'at production level', Reuters told by Lebanese security sources"

(Excerpts:) "Nine people were killed and thousands seriously injured in Tuesday's explosions in different parts of Lebanon, the country's health minister said. Firas Abiad said 200 of the 2,750 wounded were in a critical condition....Israel's Mossad spy agency planted a small amount of explosives inside thousands of pagers ordered by Hezbollah months before the devices exploded...the militant group had ordered 5,000 beepers which several other sources said were brought into Lebanon in the spring...the devices had been modified by Israel's spy service 'at the production level'...up to three grammes of explosives were hidden in the new pagers that went 'undetected' by Hezbollah for months.":

https://www.thetruthseeker.co.uk/?p=295081

- and -
- The blasts occurred a day after US envoy warned Netanyahu against a major escalation in Lebanon.

"Israel didn't tell U.S. in advance about Hezbollah pager attack, officials said":

https://www.axios.com/2024/09/17/hezbollah-pager-explosion-israel-didnt-tell-bid en-administration

> 😡 "Pope Francis' claim 'all religions are a path to God' rebuked by clergy"

(Excerpts:) "Some X users noted that Francis' comment appeared to be an example of Pelagianism, a fifth century heresy that denied original sin and taught the essential goodness of humanity...Francis, referring to the universal nature of God, claimed, 'Since God is God for all, then we are all children of God' [No, "we are all" not, because there's this condition: "But as many as received Him (Jesus Christ!), to them gave He power to become the sons of God, even to them that believe on His name."—Jn.1:12]...stating that different religions are like 'different languages' to reach God." - So, what happened to "Jesus saith unto him, 'I am the way, the truth, and the life: no man cometh unto the Father, but by Me. I am the door. If anyone enters by Me, he will be saved and will go in and out and find pasture.' Neither is there salvation in any other: for there is none other name [other than Jesus Christ] under heaven given among men, whereby we must be saved. For there is one God, and there is one mediator between God and men, the man Christ Jesus. God gave us eternal life, and this life is in His Son.

Whoever has the Son has life; whoever does not have the Son of God does not have life."? (Jn.14:6; 10:9 Acts 4:12; 1Tim.2:5; 1Jn.5:11-12) "Beware lest any man spoil you through philosophy and vAIn deceit, after the tradition of men, after the rudiments of the world, and not after Christ." (Col.2:8) https://www.christianpost.com/news/pope-francis-claims-all-religions-are-a-path-to-god.html?clickType=link-most-popular

> •• "Billionaire Larry Ellison says a vast Al-fueled surveillance system can ensure 'citizens will be on their best behavior'" - And what about the behaviour of the echelon wherein he resides and revels?

(Excerpts:) "...according to Larry Ellison, the billionaire cofounder of Oracle...Al will usher in a new era of surveillance that he gleefully said will ensure 'citizens will be on their best behavior'...Ellison's company, Oracle, like almost every company these days, is aggressively pursuing opportunities in the Al industry. It already has several projects in the works, including one in partnership with Elon Musk's SpaceX.":

https://www.businessinsider.com/larry-ellison-ai-surveillance-keep-citizens-on-their-best-behavior-2024-9

> \int \text{Sanctions} = smoke and mirrors, all of the arrows come from the same quiver?

"Hypocrisy Energised: West Snaps Up \$2BN of Russian Fuel in 2024 - Despite Sanctions":

https://x.com/RT_India_news/status/1836044992806105270

> Elon Musk is confident that Blindsight will allow people who have lost both eyes and the optic nerve, and those who have been blind since birth, to eventually see for the first time ever, and that over time, such vision will surpass natural vision in quality and a person will be able to see in the infrared or ultraviolet range, basically their eyesight will improve.

"Elon Musk's Neuralink gets FDA breakthrough device tag for 'Blindsight' implant":

https://economictimes.indiatimes.com/tech/technology/elon-musks-neuralink-gets-fda-breakthrough-device-tag-for-blindsight-implant/articleshow/113445523.cms?

<u>UTM_Source=Google_Newsstand&UTM_Campaign=RSS_Feed&UTM_Medium</u> =Referral

> "Pharmaceutical Giants Proclaim The 'Golden Age Of Vaccines' Are Here, Seeks To Replace Conventional Medicines With Vaccines" - These demonic giants are dying to make more money, and don't care if they cause people to become disabled, deformed, deranged, desperate, disoriented and/or die due to their dastardly deeds!

(Excerpts:) "Sales of Covid booster shots have cratered this year [Because more people are waking up to Pharmakeia feastings on hypnotized humanity! "Touch not (nor allow yourself to be touched by) the unclean thing! (2Cor.6:17)], and Moderna—whose Covid vaccine is its only approved product—is scrambling to get new products on the market...The biggest challenge facing vaccines is no longer the science but the growing number of Americans [and people worldwide] that refuse to take them...Pharmaceutical companies are trying to make their vaccines more palatable...A lot of people dread needles, so drug companies are developing more vaccines that can be taken through a skin patch or a nasal spray...the current number of people who don't take vaccines isn't enough to discourage drug companies from coming out with new vaccines...Growing vaccine hesitancy doesn't seem to be impeding vaccine development, which is being juiced by new technology. The drug companies increasingly are using mRNA technology, tiny chunks of genetic material *[ie fetal tissue*!]* that tell the body's cells to crank out specific proteins..." - *Fetal tissue research involves cells from dead fetuses that are harvested for the purpose of establishing cell lines or for use as transplantation material and other purposes. There are two sources of such fetal tissue—elective (or induced) abortions and spontaneous (or natural) abortions.:

https://winepressnews.com/2024/09/16/pharmaceutical-giants-proclaim-the-golden-age-of-vaccines-are-here-seeks-to-replace-conventional-medicines-with-vaccines/

> 1 looked over Jordan and what did I see? NATO!

"NATO to open office in the Middle East"

(Excerpts:) "NATO plans to establish a liaison office in Amman, Jordan, within the next few months to enhance communication and cooperation with Middle Eastern

countries...The new office will function similarly to an embassy, aiming to gather political intelligence, engage with local stakeholders, and improve the alliance's understanding of the region's evolving dynamics...additional offices could be opened in other countries if requested by NATO's southern partners.": https://news.az/news/nato-to-open-office-in-the-middleeast

> ... "A 'Blood Moon' Eclipse, 'The Comet Of The Century', And A 'Ring Of Fire' Eclipse Will All Be Visible Within The Next 30 Days":

https://michaeltsnyder.substack.com/p/a-blood-moon-eclipse-the-comet-of?publication_id=1520363&utm_campaign=email-post-title&r=271348&utm_medium=email

19 September

> * "UPDATED 6:40 PM EDT - Israeli War Cabinet Grants Permission for

<u>War</u> - The Israeli Security Cabinet has given Prime Minister Benjamin Netanyahu and Defense Minister Yoav Gallant the green light to act against Hezbollah, even if it leads to an all-out war.":

https://halturnerradioshow.com/index.php/news-selections/world-news/breaking-news-israeli-war-cabinet-grants-permission-for-war

- and
- "UPDATE 12:02 PM EDT LARGE ISRAELI MILITARY CONVOYS ARE MOVING TOWARDS THE LEBANESE BORDER NUMEROUS REPORTS: 'ROUND 2' OF ELECTRONIC DEVICE EXPLOSIONS HAS BEGUN IN BEIRUT" Automatically exploding Trojan-infiltrated pagers, walkie-talkies, inside and outside security systems, solar energy systems, radios!: https://halturnerradioshow.com/index.php/news-selections/world-news/numerous

https://halturnerradioshow.com/index.php/news-selections/world-news/numerous-reports-round-2-of-electronic-device-explosions-has-begun-in-beirut

- "Thousands of Hezbollah's handheld radios explode in second wave of remote-detonated attacks — killing 9, wounding 300" - Includes 1.51 min vid:

https://nypost.com/2024/09/18/world-news/hezbollahs-handheld-radios-explode-in-second-wave-of-remote-detonated-attacks-on-terror-group/

- and -
- "Modern Cyber Warfare Takes a Deadly Turn as Pagers in Lebanon and Syria Blow up Killing and Harming Thousands of People" Includes 3.02 and 3.53 min vids:

https://healthimpactnews.com/2024/modern-cyber-warfare-takes-a-deadly-turn-as-pagers-in-lebanon-and-syria-blow-up-killing-and-harming-thousands-of-people/

> ****** "Huge mushroom cloud blast rips through 'indestructible' Russian arms depot in one of Ukraine's biggest kamikaze drone attacks of the war" - Includes .48 sec vid

(Excerpts:) "The facility is some 285 miles from the Ukrainian border...A huge mushroom cloud billowed high above an 'indestructible' arms depot in Russia as Ukraine launched a devastating kamikaze drone strike overnight. Shocking footage showed the extent of damage as an explosion ripped through two missile and ammunition hubs some 235 miles west of Moscow. Repeated fireball explosions followed the initial strikes as Putin lost tens of millions of pounds worth of material to be funnelled into his war effort in Ukraine.":

https://www.dailymail.co.uk/news/article-13863411/mushroom-cloud-toropets-tver-russia-ukraine.html

> Batten down the hatches! We all better be ship shape! "And there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, with perplexity; the sea and the waves roaring." (Lk.21:25):

"Closing hatches before rains founder the Western Vessel - The war is lost, and the struggle to keep the 'enforced pretending' going is breaking through, to be seen by all as a false reality.":

https://strategic-culture.su/news/2024/09/16/closing-hatches-before-rains-founder -the-western-vessel/

> i "Muzzling Christians': Governor unilaterally makes it illegal to talk kids out of sex changes" - Driving true believers underground! "I must work the works of him that sent me, while it is day: the night cometh, when no man can work." (Jn.9:4):

https://www.wnd.com/2024/09/muzzling-christians-governor-unilaterally-makes-it-illegal-to-talk-kids-out-of-sex-changes/

> 1 • "Decline of Christianity in some Middle Eastern countries":

Lebanon - In 1932: 72% — In 2024: 32%

Syria - In 1943: 23% — In 2024: 1%

Jordan - In 1930: 25% — In 2024: 2%

Iraq - In 1950: 16% — In 2024: .2%

https://t.me/beholdisraelchannel/39118
-and -

• "Christians are Leaving the Middle East. So Why is Persecution Increasing? - The decline is especially significant when one considers that these

communities are among the oldest Christian communities in the world.": https://www.persecution.org/2024/05/24/icc-perspectives-christians-are-leaving-t

https://www.persecution.org/2024/05/24/icc-perspectives-christians-are-leaving-the-middle-east-so-why-is-persecution-increasing/

> \int \text{"'Greatest discovery since Dead Sea Scrolls,' Megiddo mosaic goes on view at Bible Museum in DC - 'We found the name of Jesus before Christianity was part of the Roman Empire', said Alegre Savariego of the Israel Antiquities Authority.":

https://www.israeltoday.co.il/read/greatest-discovery-since-dead-sea-scrolls-megiddo-mosaic-goes-on-view-at-bible-museum-in-dc/

> • "Weather engineering! A once-in-1,000-year rainfall event from an unnamed storm floods homes and forces rescues in North Carolina -18 inches of rain in 12 hours" - Includes 4.21 min vid:

https://strangesounds.org/2024/09/weather-engineering-a-once-in-1000-year-rain fall-event-from-an-unnamed-storm-floods-homes-and-forces-rescues-in-north-car olina-18-inches-of-rain-in-12-hours.html

- and -
- "Cars and homes buried in over 5 feet of snow as historic snowfall hits the Alps" Includes 1.48 min vid:

https://strangesounds.org/2024/09/cars-and-homes-disappear-as-historic-snowfall-hits-the-alps-over-5-feet-of-snow-dumped.html

> "Friendship Will Make or Break Your Life" (Taken from "Made for People: Why We Drift into Loneliness and How to Fight for a Life of Friendship" by Justin Whitmel Earley)

(Excerpts:) "Data shows that through 2020 and 2021 — between the epidemic of loneliness and the pandemic — Americans experienced the worst drop in life expectancy we have seen in a century. These statistics point to the enduring truth of God's words in Genesis: 'It is not good for you to be alone.'...Busyness, fear of vulnerability, and past pain often keep us from the deeper friendships we long for. Discover life-changing habits for friendship that will help you move out of a world of digital loneliness and into a life of being truly known by your friends. Isolation may be the norm of modern life, but it does not have to be the story of your life.": https://www.biblegateway.com/learn/voices/friendship-made-for-people/

20 September

- > Xi Such blood-bath acts is something that these, whose father is the devil, as Jesus told them in John 8:44 ("Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it."), have excelled at not only for decades but for centuries! Thus it comes as no surprise to see take place the pandora-plague of explosions satanically smithereening the Lebanese populace! But has the Zionist state miscalculated this time? As large sections of public opinion across the globe appear to possibly now be turning against it. As if blowing up women and children in Gaza over the last almost 12 months couldn't have done that already! God, save us!
- "'Sophisticated evil': Beirut medics and civilians horrified by pager attacks
- People describe panic when explosions started and 'apocalyptic' scenes inside hospitals overwhelmed by injured patients"

(Excerpts:) "The scale of the attack was 'far greater' than that of the Beirut port blast some four years earlier, the largest non-nuclear explosion in human history, which left more than 7,000 injured, Lebanon's health minister, Firas Abiad, said on Wednesday. The wide-ranging attack extended all the way to Syria...":

https://www.theguardian.com/world/2024/sep/18/lebanon-beirut-medics-civilians-horrified-pager-attacks

> * "Kuwait to freeze bank accounts of residents who do not register biometric fingerprints" - Audio version of this article available at the link below. (Excerpts:) "Kuwait is mandating a biometric registration process for citizens and expatriates. Those who fail to register their fingerprints by the set deadlines will face consequences such as suspended government services and frozen bank accounts. It is claimed that the reasons for enforcing the registration of digital biometrics are to enhance security and address dual nationality issues. However, this initiative aligns with global trends in biometrics and the sharing of our data with selected agencies. It's no coincidence that at the same time, the United Nations is pushing for a Global Digital Compact to be adopted by 193 countries so it can play a significant role in the global governance of artificial intelligence, the Internet, digital public goods and digital infrastructure. Kuwait is preparing to suspend government services for people who fail to register their fingerprints by the set deadlines, 30 September 2024 for Kuwaitis, 30 December 2024 for expatriates...They are centralising our data and access to it for global centralised control. On 22-23 September, the UN is holding the 'Summit of the Future'. The UN is hoping the outcome of the Summit is that 193 nations will adopt the 'Pact for the Future' with its annexes 'Declaration on Future Generations' and 'Global Digital Compact'...the <u>UN is pushing for it to play a significant and governing role</u> in artificial intelligence globally....the UN's aim for imposing itself as the global 'enabler and accelerator' of Al." - A=1, I=9, 1+9+10. 10 kings=Al kings!? "And the ten horns which thou sawest are ten kings, which have received no kingdom as yet; but receive power as kings one hour with the beast. These have one mind, and shall give their power and strength unto the beast." (Rev.17:12-13): https://expose-news.com/2024/09/15/kuwait-to-freeze-bank-accounts/

> "Experts Warn: The UN's Goal Is For America [and every country!] To 'Surrender Its Sovereignty To A Global Government' - this UN project is 'the most important issue that's getting the least amount of attention relative to its importance in our country!" - Relative to its importance in every country! This is an explosion in the pipeline!:

https://harbingersdaily.com/the-uns-goal-is-for-america-to-surrender-its-sovereign ty-to-a-global-government-experts-warn/

> **Surviving the UN Is Exiting the UN. Otherwise the Ways Are Charted Towards a Digital Gulag**" - Includes 17:21 min vid and its transcript within the article.

(Excerpts:) "Dr. Rima Laibow, co-founder and medical director of Natural Solutions Foundation, makes an urgent appeal to the world population which may not be aware of what the United Nations have in store for the us, the People, during their ongoing General Assembly in New York. September 22 and 23 are reserved for 'debating' this topic to which in anticipation several governments, including Canada, have already given their approval. It is a plan for a borderless digital control in the future. In other words, towards a digital gulag the first step towards a One World Order....Every country in the world has fallen prey to a deception, and the deception is that it has treaty obligations with the United Nations, and because of those treaty obligations, they must do what the United Nations says they must do, in terms of health...land use...migration...economics through the World Trade Organization, and the World Bank, and the International Monetary Fund...It's all a lie. It's a deceit...the United Nations is a private country club, both in the sense of the old boys sitting around having fun and deciding what happens next, and in terms of an association of countries. That's all that it is. It's not a sovereign nation...September 23rd of this year, 2024...on that day, the United Nations General Assembly is slated to approve the pact for the future, which makes absolutely and abundantly clear that the world tyranny will be enacted and will be irreversible thereafter.": https://www.globalresearch.ca/surviving-un-exiting-un/5868267

> As long as the money keeps flowing, the terror keeps flowing and blowing, shilling and killing, threatening and detonating! As you've no doubt been abreast of, the UN is meeting very soon this month to hopefully settle their UN 2.0 pact (I've been posting about this a lot recently), no doubt timed perfectly to occur after this pager blood plague in order to desperatise the world to beg for peace at ANY cost? Even to the cost of being ruled by AI, perhaps? GBAKUs all as the world embarks on events not known since the beginning of the world to this time, no, nor ever shall be!:

"The biggest act of mass terrorism since September 11th" - 17.59 min vid, KURC, who said when sending it to me, "Timely and eloquent commentary by George Galloway, one of the few commentators I listen to.": https://youtu.be/1Fy48MoazWU?si=u6ubO- ygSr X A0

- > Project Bluebeam practice? Imagine what, no doubt, will be done with this technology! Hmmm. A fraudulent second coming of Christ? "Then if any man shall say unto you, 'Lo, here is Christ', or 'there'; believe it not. For there shall arise false Christs, and false prophets, and shall shew great* signs** and wonders**; insomuch that, if it were possible, they shall deceive the very elect. Behold, I have told you before." (Mat.24:23-25) Short vid, KURC. -
- *The Greek word used here for "great" is μεγάλα (megala), meaning "large, great, in the widest sense". Widest, as in global?
- **The Greek word used here for "signs" is σημεῖα (sēmeia, derived from semaino), meaning "an indication, especially ceremonially or supernaturally". Technologically contrived and deceitfully designed "supernatural" events?
- *** The Greek word used here for "wonders" is τέρατα (terata), meaning "A wonder, portent (1. a sign or warning that a momentous or calamitous event is likely to happen. 2. an exceptional or wonderful person or thing.), marvel. Of uncertain affinity; a prodigy or omen".

So, given the above, how about this: "For there shall arise false Christs, and false prophets, and shall shew, in the widest sense possible, supernatural, not-to-be-relied-on yet exceptional events or persons to which one feels attracted to and/or sympathy for and/or are hard to resist." Discernment is the watch word, which only comes from the Word! See Hebrews 4:12!:

https://www.facebook.com/share/ast19zUXZKNqMJKg/?mibextid=D5vuiz

> **(3)** Is canned food safe? Think again!! - Short vid, KURC.: https://www.facebook.com/share/r/JqcvSenvTzQAfibJ/?mibextid=D5vuiz

21 September

"What a perilous vice the world is in. The US and its major NATO member state allies' political leadership is so beholden to their arms industries, Cold War

ideologues and ethno-supremacist oligarchs that they will enact policies to maim, kill and destroy, escalating and escalating until there is only one stop to the madness of violence. That stop is the military itself, fearing its own destruction." - yesxorno.substack.com (http://yesxorno.substack.com/)

- > 😭 "Israeli soldiers filmed throwing Palestinian bodies from rooftop -Military launches probe after troops throw lifeless Palestinians from edge of building during raid in West Bank town" - Includes 1.07 min vid (Excerpts:) "...several angles of the footage on social media, which showed Israeli troops pushing lifeless individuals from the roof of a house that morning, following a raid in the town near Jenin. The videos capture three Israeli soldiers climbing onto the roof, holding the bodies, and throwing them one by one from the top. In one clip, a soldier is seen kicking one of the bodies until it falls over the edge. Under international law, armed forces are required to treat enemy bodies with respect, prevent them from mutilation and return them to their families." - "'The house of Israel has become dross (metallic waste) to Me. All of them are (useless) bronze, tin, iron, and lead in the furnace; they are the dross of silver. Therefore', thus says the Lord God, 'Because you have all become dross, therefore, behold, I will gather you [O Israel] into the midst of Jerusalem. As they gather silver and bronze and iron and lead and tin into the furnace to blow fire on it in order to melt it, so I will gather you in My anger and in My wrath, and I will put you there and melt you. I will gather you and blow on you with the fire of My wrath, and you will be melted in the midst of it. As silver is melted in the furnace, so will you be melted in the midst of it; and you will know [without any doubt] that I the Lord have poured out My wrath on you [O Israel]." (Ezk.22:18-22 AMP): https://www.middleeasteye.net/news/video-shows-israeli-soldiers-throwing-bodie s-palestinian-men-buildings
- and -
- "The more definitive the proof of Israeli atrocities, the less they get reported" Includes 1.13 and 1.04 min vids.

(Excerpts:) "The bias in <u>western reporting</u> is baked in. It is <u>designed not to upset Israel</u>...[making them] utterly complicit in Israel's war crimes, including when Israeli soldiers throw Palestinians off a roof...Even the Israeli military has confirmed the incident happened...the [news] anchor, clearly nervous about how she should refer to the men being pushed off a roof, ends by observing that the footage is 'another example of the tensions and the many fronts on which we see

Israel fighting'. No, it's <u>another example of Israeli soldiers committing war crimes</u>, and the media trying to deflect attention from that fact.":

https://www.jonathan-cook.net/blog/2024-09-20/proof-israel-atrocities-reported/

> Amidst the ongoing slaughter in Gaza, Amnesty International has been notable for its silence. This very interesting article does a deep-dive probe into finding out why!:

"Where Was Amnesty International During the Genocide in Gaza?": https://www.unz.com/article/where-was-amnesty-international-during-the-genocide-in-qaza/

- > 💥 "Lebanon Bans Pagers & Walkie-Talkies On All Flights Leaving Beirut"
- Includes 1.18 min vid

(Excerpts:) "The last two days saw so many pagers, two-way radios, and electronic devices explode - literally thousands - that there are fears an electronic with a bomb in it could inadvertently make its way onto a passenger flight. The country's state news broadcaster NNA is reporting that Lebanon's director general of civil aviation has banned all passengers from carrying pagers and walkie-talkies on board any aircraft. Airport security at Beirut Rafic Hariri International Airport will search for and prevent any pagers or two-way radios from being in cargo, checked, and carry-on luggage. The rule has taken effect immediately.":

https://www.zerohedge.com/geopolitical/lebanon-bans-pagers-walkie-talkies-all-flights-leaving-beirut?utm_source=substack&utm_medium=email

"BlackRock and Microsoft launch \$30 billion Al infrastructure fund": https://www.axios.com/2024/09/18/blackrock-microsoft-ai-data-center

- > •• "Israel has stopped granting visas to NGO staff The Government of Israel is phasing out representation from humanitarian organisations or those engaged in reporting on the atrocities of this war and the impact on civilians." What does that tell us? What don't they want the NGOs to see, hear, find? "For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil. Do not envy a man of violence and do not choose any of his ways, for the devious person is an abomination to the Lord, but the upright are in his confidence." (Ecc.12:14; Prov.3:31-32 ESV): https://www.middleeastmonitor.com/20240918-unrwa-israel-has-stopped-granting-visas-to-ngo-staff/
- > De Blasio's Covid czar attended drug-fueled sex parties during pandemic years. The doctor tasked with running the Big Apple's pandemic response confessed in secretly-recorded conversations to taking drugs, partying during the pandemic. Make of that what you will!
- "NYC Covid czar Dr Jay Varma [who served as Mayor Bill de Blasio's senior advisor for public health and Covid-19 in 2020 and 2021] admits breaking his own lockdown rules to attend wild parties in secretly filmed video" Whose authenticity Varma does not dispute! Includes 1.20 and 1.31 min vids. His lack of remorse and even basic understanding of the harms he caused proves again that public health experts learned nothing from Covid and would gladly seize power again if allowed! "[He] hath wearied [him]self with lies, and [his] great scum went not forth out of [him]: [his] scum shall be in the fire." (Ezk.24:12):

https://www.dailymail.co.uk/health/article-13869835/nyc-covid-dr-jay-varma-lockd own-rules-video.html

> \(\to \) Does anyone remember ex-Prime Minister Gordon Brown in March 2020 saying the quiet part outloud WAY too soon and telling people "covid" inexplicably required a global government to deal with it? \(\text{Very} \) revealing article!

"Atlantic mag admits 'pandemic' FAILED to brainwash people into

"Atlantic mag admits 'pandemic' FAILED to brainwash people into 'unifying'":

https://off-guardian.org/2024/09/18/atlantic-mag-admits-pandemic-failed-to-brainwash-people-into-unifying/

> "Republic of Georgia parliament ignores EU threats, passes sweeping anti-LGBT bill - The Family Values bill, which passed in an 84-0 vote, allows banning public displays such as 'Pride' events, including annual marches, and legal censuring of trans and other deviant sexual behaviors in films and books."

(Excerpts:) "A majority of the 150 Georgia parliament members in a country that borders Russia to the south have thumbed their nose at the pro-homosexual West by taking a bold stand for traditional family values. On Tuesday, the roughly 90 percent Orthodox nation's lawmakers defied EU pressure and adopted the Family Values bill on September 17 in an 84-0 vote. The ruling Georgian Dream party provided the necessary votes for the bill, which mirrors a similar measure passed in Russia several years ago." - "Fear God, and keep His commandments: for this is the whole duty of man." (Ecc.12:13) Which the USA and other perved governments (who'll, no doubt, rain hatred on Georgia's decision) don't do and will therefore face the consequences!:

https://www.lifesitenews.com/news/republic-of-georgia-parliament-ignores-eu-threats-passes-sweeping-anti-lgbt-bill/?utm_source=substack&utm_medium=email

- > \int "BRICS+ VS. the WEF: The Clash of Two Green Paradigms" This one is long but very very well worth reading! Insights galore!:

 https://matthewehret.substack.com/p/brics-vs-the-wef-the-clash-of-two?utm_med_ium=email
- > ★ "Ancient sword from the era of Moses, Book of Exodus uncovered in Egypt - The sword, which dates back 3,200 years, was found at a former fort":

https://www.foxnews.com/lifestyle/ancient-sword-era-moses-book-exodus-uncovered-egypt?utm_source=substack&utm_medium=email

> | "Mel Gibson Is Scouting Locations in Europe for 'The Passion of the Christ' Sequel":

https://variety.com/2024/film/global/mel-gibson-scouting-locations-passion-of-the-christ-sequel-1236150494/

> 🏆 Though they were ashamed, Adam and Eve probably couldn't have reached out for better leaves to clothe themselves with than fig leaves! Since they were about to embark into the cold cruel domain of the god of this world, they certainly were going to need all the protection they could get from God's healing plants! Fig leaves "offer unique compounds that address a variety of health concerns. Fig leaves contain essential nutrients such as vitamins A, B1, and B2, and they are a rich source of fiber and bioactive compounds, including flavonoids and polyphenols. These elements contribute to the leaves' powerful antioxidant, anti-inflammatory, and anti-diabetic properties." We all know that fig fruit is delicious and nutritious! I have 3 precious fig trees! Follow the recipe in this article to make yourself a cup of fig-leaf tea and delve further into its text to find out how fig leaves support blood sugar control, promote cardiovascular health, aid in weight management, improve digestive health, enhance skin health, support bone health, alleviate respiratory issues, reduce cancer risk, promote liver health, and relieve ulcers and digestive disorders! "The Power of Fig Leaves: A Hidden Gem for Health and Wellness": https://sharingideas.me/the-power-of-fig-leaves-a-hidden-gem-for-health-and-well ness/

22 September

> ***** "NATO secret operations headquarters destroyed in Kiev"**: https://halturnerradioshow.com/index.php/news-selections/world-news/nato-secret-operations-headquarters-destroyed-in-kiev

- and -

• "UPDATE 10:03 AM EDT SATURDAY - ISRAEL IS ENTERING UKRAINE WAR!!! Missile Defenses in Kiev!!!!"

(Excerpts:) "Israel is becoming a 'party' to the Ukraine war. Intelligence Community information indicates Israel is setting-up 'Iron Dome-type' missile defenses in and around Kiev and Nikolaev, to fight-off Russian Missiles...The systems WILL BE CONTROLLED EXCLUSIVELY BY ISRAEL. Moreover, Israel will be implementing 'mobile radar installations' in support of these missile defenses, and their (very quietly kept) intention is to 'gather as much data as possible on Russian missiles because they expect Iran to have such

technology soon, if not already'. Within Israel, there is also the utterly STUNNING discussion taking place about gaining such information about Russian military hardware for, ready for this, 'Biblical implications'.":

https://halturnerradioshow.com/index.php/news-selections/world-news/bulletin-israel-is-entering-ukraine-war-missile-defenses-in-kiev

> * "HEZBOLLAH HEAVY MISSILE LAUNCHES AT ISRAEL - 'TSAV 8' ISSUED!!!":

https://halturnerradioshow.com/index.php/news-selections/world-news/launch-det ection-hezbollah-heavy-missile-launches-in-progress

- and
- "COVERT INTEL Sabbath Emergency Meetings in Israel; Fears of ENORMOUS Attack Tomorrow"

(Excerpts:) "In a stunning development, the Government of Lebanon announced early today 'If Israel invades Lebanon, the Lebanese Army will support Hezbollah.'..Far and away, the most overt development is in far-away Yemen. They are DEPLOYING for what they have ANNOUNCED will be a 'ground war' with Israel. Word in Intelligence circles is that Hezbollah is expected to commence a MASSIVE launch of ballistic missiles into Israel within twelve hours. But with the Syrian Army recalling all troops, and Popular Mobilization forces from Iraq already on their way to Lebanon, and the Iranian missiles out and ready for launch, if all sides hit Israel together, the outcome does not favor Israel at all.": https://halturnerradioshow.com/index.php/news-selections/world-news/covert-inte-sabbath-emergency-meetings-in-israel-fears-of-enormous-attack-tomorrow

> 6 "The Global Elite Are Actively Working to Escalate the World Into the Unthinkable, World War III, Driven by Greed and Control"

(Excerpts:) "In the shadowy corridors of power, a sinister plan is unfolding. The global elite, driven by greed and control, along with the most corrupt political leaders, are actively trying to escalate the world into the unthinkable: World War III. To them, this catastrophic event is not the end of humanity—it's their grand opportunity to reshape the world in their twisted image. They see the war in Ukraine as merely the beginning, a spark that will ignite a much larger conflict between East and West. This isn't about protecting Ukraine or standing up to Russia—it's about destabilizing the world, collapsing economies, and

consolidating their power over broken nations. In their vision, war is the ultimate tool for mass manipulation, fear, and control. For the elites, the devastation of World War III is not a disaster. It's the perfect storm to establish a new global order, one where they reign supreme and every citizen is reduced to a pawn in their game. Be warned: Ukraine is just the start. The real nightmare is yet to come, and the globalists won't stop until the world burns at their feet... World War III is a win-win for the globalists—so long as it doesn't escalate into a nuclear catastrophe that wipes out their carefully constructed surveillance states...dangerous game of provocation...the globalists can't allow peace—they need this war to spiral out of control. Ultimately, the elites don't want peace. They want destruction. They want to ensure that the war becomes irreversible, that there are too many civilian casualties for diplomacy to be an option. In their twisted minds, World War III is not a disaster—it's an opportunity to reshape the world.":

https://christiansworks.blogspot.com/2024/09/the-global-elite-and-their-corrupt.ht ml

> And they'll only get two weeks of training before being sent into the fray! Do you think they'll even last two weeks after that?

"Israel Recruiting African Asylum Seekers for 'Life-Threatening Gaza War Operations' With Promise of Permanent Residency"

(Excerpts:) "African asylum seekers Israel has been threatening to deport en masse are now being offered permanent residency if they take part in 'life-threatening Gaza war operations', according to the Israeli media outlet Haaretz...Haaretz also learned that the Interior Ministry explored the possibility of drafting the children of asylum seekers, who were educated in Israeli schools, into the IDF. In the past, the government allowed the children of foreign workers to serve in the IDF in exchange for granting status to their immediate family members...CNN and others are freaking out about Americans wanting to deport Haitian migrants yet they have nothing to say about Israel recruiting African migrants to serve as human shields with what appears to be the false promises of permanent residency.":

https://www.thetruthseeker.co.uk/?p=295227

> 1 "Summit of the Future: The Public Still Has Not Seen the Final Draft of the Pact for the Future"

(Excerpts:) "Overall, the Pact for the Future is yet another globalist document being negotiated behind closed doors with very little public input or awareness. Without a doubt, the opacity of the discussions is problematic, but we ought to ask ourselves several crucial questions about the United Nations and the drafting of the Pact for the Future. Who granted the UN authority over our lives in the first place? Why does the UN negotiate documents on our behalf while never consulting the people? What happens if we choose to reject the UN's edicts and carve our own path?":

https://www.thelastamericanvagabond.com/summit-future-final-draft/

> Psycho Gates has launched a new Netflix docu-series to promote his vision of the future; which comes with increased reliance on AI, 24/7 surveillance and a dramatically reduced population! Money plus madness equals a megalomaniac! "Bill Gates launches new Netflix series that lays out mass suicide plan for global human depopulation"

(Excerpts:) "[Launched] on September 18 is a new docu-series from billionaire eugenicist Bill Gates...the climate is currently not to the liking of Gates and his acolytes, major changes are needed to stop the human herd from living...Even though he jaunts around the world in his own climate-polluting private jet, as do Netflix's executives, Gates feels as though humanity needs to be muzzled and confined as people's carbon footprint is tracked, monitored and controlled at all times...by unleashing artificial intelligence (AI) robots to police the internet for wrongspeak. The five-episode docu-series will address a variety of anti-human topics that excite Gates. There is subject matter about infectious diseases; appearances from Lady Gaga and Bono; and lots of climate alarmism to keep viewers scared and ready to sacrifices all their freedoms.":

https://www.naturalnews.com/2024-09-19-bill-gates-netflix-series-mass-suicide-depopulation.html

> Temale pastor says 'Jesus would take women to get abortions and would be a clinic escort.' - Just when you think you have seen and heard it all!" - Includes 2.20 min vid. AND she's actually got an <u>audience!</u> Which, imo, makes it even worse!!:

https://endtimeheadlines.org/2024/09/watch-female-pastor-says-jesus-would-take-women-to-get-abortions-and-would-be-a-clinic-escort/

> i"Jesus Met Us There': Massive Revival Moment as 10,000 Seek Jesus at University of Arkansas" - Let's pray they are saved to serve! And get built up in the Word! Once saved, that's when the real battle begins, because the Devil continually lurks about to make Christians ineffective, inefficient and deficient! "Having a faith that endures to the end is evidence that you possess the salvation you could never lose. Not enduring to the end is evidence you never had it to begin with. Saving faith is staying faith. You see, the evidence of saving faith is not the intensity of emotion at the beginning but its endurance over time. Think of it like a marriage: You don't judge the sincerity of a marriage vow by the lavishness of the wedding ceremony but by the faithful commitment that follows it. When it comes to God, a lot of Christians are all ceremony, no marriage." - J.D. Greear:

https://www2.cbn.com/news/us/jesus-met-us-there-massive-revival-moment-100 00-seek-jesus-university-arkansas

23 September

> • "Israel planned pager explosions for 15 years" - "Look, your hands are polluted with blood, and your fingers drip guilt. Your lips speak lies. Your tongue mutters dishonesty." (Isa.59:3 EHV)

(Excerpts:) "Israel had a hand in the manufacturing of pagers that exploded on Hezbollah operatives this week, with this type of 'supply chain interdiction' operation having been planned for at least 15 years, a US intelligence source told ABC News on Thursday...The CIA has long been reluctant to employ this tactic because the risk to innocents was too high, the source said...<u>If the particulars of this piece are correct and this latest operation was 15 years in the making, what does it say then about the Oct.7th attacks and Israel being 'caught off guard'?" - Time to recall what those in the know have known for decades: They Staged the Whole Thing!:</u>

https://theuglytruth.xyz/israel-planned-pager-explosions-for-15-years/

> ****** "Bombs in toys: A brief history of Israeli booby traps in Lebanon - The pager attack is not the first time Israel has been accused of planting bombs in civilian objects"

(Excerpts:) "...pro-Israel voices have been quick to praise the attack as a prime example of the country's skill at conducting surgical strikes targeting its enemies without inflicting collateral damage." - How damnable is that!:

https://www.middleeasteye.net/news/what-kind-booby-traps-has-israel-used-lebanon

> \(\sqrt{2} \) "As more states seek to loosen assisted dying rules, traveling to die grows in popularity"

(Excerpts:) "With increased euthanasia legislation across the U.S., as well as the weakening of residency requirements for some of these states, a new form of 'medical' tourism is on the rise: traveling to die...If euthanasia activists succeed in pushing assisted suicide laws in states around the country, assisted suicide tourism within the U.S. could expand...This slippery ["The law of his God is in his heart; none of his steps shall slide." (Psa.37:31) Only the Word can keep us from slipping!] slope pattern is all too common in countries that legalize the intentional killing of human beings." - Via vacations, wars' conflagrations, lies and insinuations, One World United Nations! As Jesus said, "The time cometh, that whosoever killeth you will think that he doeth God service." (Jn.16:2b): https://www.liveaction.org/news/assisted-dying-traveling-die-popularity/

> Massive Unrest in 2024 No Matter Who Wins – interview with Bill Holter" (Excerpts:) "In closing, Holter says, 'The country has been hollowed out in every way possible. One of the biggest hollowing outs is the country has specifically, from a government and school standpoint, turned away from God...If you live in a city, you are not going to make it—end of story...Once you get derivatives cascading, it's a 72-hour event, and no markets will open anywhere. When markets don't open, that means there is no more credit. When there is no credit, the real economy stops.' There is much more in the 46-minute interview.": https://usawatchdog.com/massive-unrest-in-2024-no-matter-who-wins-bill-holter/

> •• • "And then, the desert turned green! Thunderstorms are bringing unprecedented greening to the southern Sahara desert":

https://strangesounds.org/2024/09/and-then-the-desert-turned-green-thunderstorms-are-bringing-unprecedented-greening-to-the-southern-sahara-desert.html - and -

- "Amazon River and tributaries at record low levels":
- https://news.mongabay.com/short-article/amazon-river-and-tributaries-at-record-low-levels/
- > "'Democrats demand politician prove the divinity of Jesus Christ! Stunning requirement came as part of scorchingly hot fight over faith after party banned Christian candidate from its slate of candidates because of his beliefs" "I've told you these things to prepare you for rough times ahead. They are going to throw you out of the meeting places." (Jn.16:2a MSG) Places of all sorts from which we'll be shunned for the Saviour's sake! Religious, political, educational, etc.!:

https://www.wnd.com/2024/09/democrats-demand-politician-prove-the-divinity-of-jesus-christ/

- and even **medical**!
- "Religious freedom of Christian hospitals The ability of a Christian hospital to maintain its Christian ethic is now facing a legal challenge in British Columbia.":

https://www.evangelicalfellowship.ca/Communications/Articles/September-2024/Religious-freedom-of-Christian-hospitals

> \int \text{"Off to see the wizard, the wonderful wizard of OZ" - \text{\textit{Whew}}! Insights one may have never heard/seen before regarding this book-made-into-movie allegory!:

http://stopthepirates.blogspot.com/2012/01/off-to-see-wizard-wonderful-wizard-of. html

24 September

> ""Do you want a beeper?" - US State Department Envoy to Combat Antisemitism Deborah Lipstadt cracks repugnant joke making light of the Israeli terror attack which killed children and left thousands maimed in Lebanon, including nurses. Lipstadt, a Biden admin official, was speaking at the Israeli-American Council, a pro-Netanyahu lobbying front funded by Trump mega-donor Miriam Adelson." - .46 min vid:

https://x.com/MaxBlumenthal/status/1837714936312529312

- > Netanyahu is caught in a trap. He faces prosecution in Israel for bribery and fraud. He also faces an ICC arrest warrant for war crimes. Is his only way out is to escalate the conflict with Hezbollah and draw America into the fray, giving him the opportunity to recast himself as Israel's triumphant wartime leader?
- "At least 492 killed, 1645 wounded in Israeli airstrikes across Lebanon" (Excerpts:) "The Israeli regime's warplanes have conducted extensive airstrikes against towns and villages across Lebanon, killing at least 492 people. Lebanon's health ministry announced the death toll on Monday, saying the victims included 35 children and 58 women. The ministry said at least 1,645 others had also been wounded in the attacks that targeted the areas earlier in the day...On Sunday, the group staged its farthest-reaching strikes against the territories since October, firing scores of rockets against the Ramat David Airbase, 20 kilometers (12 miles) southeast of the city of Haifa, and the Rafael weapons manufacturing facility in the Zevulun area north of the city. It described the strike against the facility as its 'initial response' to the regime's detonation of thousands of booby-trapped pagers and walkie-talkie radios that killed at least 39 people and wounded 3,000 others across Lebanon over Tuesday and Wednesday. Also on Sunday, Hezbollah's Deputy Secretary General Sheikh Naim Qassem said the movement was in a 'new phase' in its battle against the regime. 'Threats will not stop us... We are ready to face all military possibilities', he noted.":

https://www.presstv.ir/Detail/2024/09/23/733816/Israel-attacks-Lebanon-airstrikes-south-east-Bekaa-Hezbollah

- and -
- "Israel Unleashes Hell On South Lebanon With Giant Mystery Bomb As War Escalates" Includes 5 very short vids.

(Excerpts:) "Al Jazeera correspondents have confirmed that 'Israel's military launched 400 attacks on Lebanon on Saturday and Hezbollah fired rockets at the Ramat David base near the city of Haifa, in their largest exchange of fire since

the war on Gaza began.' Another indicator of the escalation is that Israel is apparently beginning to use much bigger bombs compared to much of the past nearly year of internecine fighting...Some Middle East pundits and commentators expressed 'shock' at the celebratory statements by the Biden administration, given the Israeli operation resulted in a high civilian death toll.":

https://www.zerohedge.com/geopolitical/idf-says-180-targets-eliminated-southern-lebanon-us-lauds-good-outcome-beirut-strike

- and -
- "World reacts to Israeli massacre in Lebanon as nearly 500 killed in strikes"

(Excerpts:) "Global condemnations have poured in after the Israeli regime's offensive, which has resulted in the deaths of nearly 500 Lebanese and left more than 1,600 injured in southern and eastern part of the Arab country...Turkey: Israel pushing region deeper into 'chaos'...France: urges UNSC to take immediate measures; requested an emergency meeting of the Security Council regarding Lebanon to take place this week...EU: urges solution...Venezuela: 'A genocide'...Greece: Israel is not facing sufficient pressure to end the war in Gaza, escalation in Lebanon is a minefield that the international community may not be able to deal with...Jordan's King Abdullah II has affirmed his country's 'absolute support for Lebanon, its security, sovereignty, and the safety of its citizens in the face of Israel's war on it'...Other countries, including Egypt, Syria, Qatar and Iraq, in separate statements have also condemned Israel's aggression against Lebanon and expressed their solidarity with the Lebanese government and people.":

https://www.presstv.ir/Detail/2024/09/24/733865/World-react-Israel-massacre-Leb anon-death-toll-500

- and -
- "Iran President warns of 'irreversible' consequences of wider regional war"

(Excerpts:) "We will defend any group that is defending its rights and itself', Pezeshkian said, when asked whether Iran will enter the conflict between Israel and Hezbollah. He did not elaborate. Tens of thousands of people have been displaced from towns and villages on both sides of the border by near-daily exchanges of fire between Israeli forces and Hezbollah. Israel has said it prefers a diplomatic solution that would have Hezbollah moved farther back from the border. However, Hezbollah, which also says it wants to avoid all-out conflict, says that only an end to the war in Gaza will stop the fighting. Gaza ceasefire

efforts are deadlocked after months of faltering talks mediated by Qatar, Egypt and the United States.":

https://www.middleeastmonitor.com/20240923-iran-president-warns-of-irreversible-consequences-of-wider-regional-war/

> "Israel closes Al Jazeera bureau in Ramallah: All you need to know - At 3am, heavily armed Israeli soldiers raided the office of Al Jazeera in Ramallah, throwing the team out." - Includes 5.30, 6.45 and 12.13 min vids. Is Israel's shutdown of Al Jazeera's office in Palestine a sign that it does not want anyone to hear about or see something?:

https://www.aljazeera.com/news/2024/9/22/israel-closes-al-jazeera-bureau-in-ramallah-all-you-need-to-know

> •• "The Pact for the Future: unsurprisingly, a watered down version was adopted 'by consensus' yesterday"

(Excerpts:) "Russia introduced an amendment...the Pact and its 2 annexes (on the Global digital compact and the Declaration on future generations) were watered down...[so that they Secretary-General can only] use whatever powers he already has, and he is not allowed to make decisions on his own, superceding the member states, as had been planned...Bottom line, the rulers of the universe have not corralled all the nations. Russia's amendment was important to demonstrate that. But the rulers show no signs of pulling back. The simmering war against the world continues..." As reported by The Guardian (https://www.theguardian.com/world/2024/sep/22/russia-isolated-at-un-summit-aft er-surprise-bid-to-derail-pact), "The key test [for the Pact] will be in 12 months in assessing how much momentum this provides...A UN-led push to include a reference to a \$500bn (£375bn) stimulus to put the sustainable development goals back on track was also rejected." The arm-wrestling for worldly power continues! God help us all to continue to harvest at pace whilst we still can!: https://substack.com/@merylnass/p-149315293

> (TTS:) "Contrary to what we were told by the authorities and the mainstream media, insiders report that the health services were not overwhelmed during the Covid-19 pandemic."

"NHS Whistleblower: 'We Were Instructed to Euthanize Patients to Inflate COVID Death Toll While Hospitals Sat Empty!'...one of the greatest crimes against humanity in living memory."

(Excerpts:) "[The whistleblower's] claims are supported by a Care Quality Commission report that found 34% of NHS staff were pressured into placing 'Do Not Resuscitate' orders on Covid patients with disabilities and learning difficulties. The policy led to people with disabilities and learning difficulties accounting for 3 in every 5 Covid deaths according to official ONS figures...the UK Government authorised the essential 'mass murder' of the elderly and vulnerable by Midazolam injection and then told the public Covid-19 was to blame.":

https://www.thetruthseeker.co.uk/?p=295359

> "KEEP THE FAITH! THEY WENT OUT FROM THEIR FAMILY HOMES, AND THEIR PARENTS....AND THEY KEPT THEIR FAITH! Messages about intergenerational faith!" - Download pdf by Jerry Finch, inspired by reading 'Family Driven Faith: Doing What It Takes to Raise Sons and Daughters Who Walk with God' by Voddie Baucham Jr.":

https://missionarychristian.org/wp-content/uploads/2024/09/Weekly172-web-1.pdf

> in spite of the world's wars and wanton ungodliness, let's continue to do all we can to take good care of ourselves! "Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's." (1Cor.6:19-20)

"15 Major Benefits of Walking, According to Experts - Getting your daily steps in can do so much more than help you maintain weight loss." - Includes 2.22 min vid. God bless and keep us all as we keep walking according to Psalm 1:1, "Blessed is he that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.": https://www.prevention.com/fitness/a20485587/benefits-from-walking-every-day/

Disclaimer

In the process of compiling the following articles, Cathy Gehr attempts to provide newsworthy insights and information to help contribute to the interest of the reader. It is

with sincerity of intention to offer discerning and often controversial commentaries in order to broaden and/or expose the truth behind world events and their impacts. By implementing due diligence, decipherability, common sense and a large measure of Christian-based foundation, the selection of this content has been presented with the intention to provide value to the readership. Although applying great attention to detail, as a matter of course, not all publicised opinions, commentaries and analyses will be a full representation of our personal beliefs. Mainstream media are bound to their limited guidelines and governances; whereas, we endeavor to offer another side of the coin, with confirmations from reputable sources, in an effort to reveal real and factual news stories. We encourage all interested and participating parties to embark on their own research to verify, validate, substantiate and authenticate for themselves the material therein.